



**Dolly Bhargava from Behaviour Zen Pty Ltd ABN: 74612728275**

**Presents**

**Achieving Practical Positive Solutions Workshop Series**

**To Enhance the Lives of the People We Support**

**Dolly Bhargava** is a Speech Pathologist with a Masters in Special Education. She has 17 years of experience in providing positive, realistic and productive solutions to individuals with a range of disabilities in early childhood, school, family homes, prisons, accommodation and community settings. She has authored and developed a number of insightful books and apps, including America's National Parenting Publications Award Winner 'Taking CHARGE of my Rainbow of Emotions'. She has recently developed an innovative App and Book Series, 'Behaviour Zen'. Behaviour Zen aims to systematically guide educators, parents and professionals to assess-prevent- manage challenging emotional and behavioural responses in individuals with Anxiety Disorders, Conduct Disorder, Autism Spectrum Disorder, Oppositional Defiant Disorder and Attention Deficit Hyperactivity Disorder. Please visit [www.behaviourzen.com](http://www.behaviourzen.com) [www.dollybhargava.com](http://www.dollybhargava.com)

So come along to hear a range of practical and interactive workshops that provide an expert blend of information, skills and strategies that will educate, empower and enable you to be the CHANGE in the lives of the people you support.

<b>Workshop Title</b>	<b>When?</b>	<b>These practical and interactive workshops will address the following:</b>
<b>Developing Emotional Regulation Skills in Individuals with Anxious, Oppositional and Aggressive behaviours</b> ☐ \$220 (inc GST)	26/03/18 (9am – 3pm)	-Development of emotions -Understanding anxious, oppositional and aggressive behaviour -Effectively responding to anxious, oppositional & aggressive behaviour -Developing emotional regulation skills at school, home and community
<b>Assessing, Preventing and Managing Challenging Behaviour</b> ☐ \$220 (inc GST)	27/03/18 (9am – 3pm)	- Introduction to challenging behaviour -Causes of challenging behaviours -Internalised and externalised challenging behaviours -Utilising the positive behaviour support framework to identify proactive, active and reactive strategies for school, home and community
<b>Teaching students affected by trauma</b> ☐ \$220 (inc GST)	28/03/18 (9am – 3pm)	- Introduction to trauma -Types of trauma -Impact of trauma on development and learning -Strategies to promote a sense of safety, build trust and address learning needs of children impacted by trauma.

## Registration Information

**Who?** Parents, Early Childhood, Primary and Secondary Educators, Disability Staff and Professionals

**Where?** Intelife 11 Kirke Street, Balcatta WA 6021

**Register** Email form to [qualitycommunication1@gmail.com](mailto:qualitycommunication1@gmail.com) or call 0423 293 254

Please Tick Workshop Title/s	Cost inc GST	Participant Name/s
<input type="checkbox"/> Developing Emotional Regulation Skills in Individuals with Anxious, Oppositional and Aggressive Behaviours (26/03/18)	<input type="checkbox"/> \$220	
<input type="checkbox"/> Assessing-Preventing Managing Challenging Behaviours (27/03/18)	<input type="checkbox"/> \$220	
<input type="checkbox"/> Teaching Students Affected by Trauma (28/03/18)	<input type="checkbox"/> \$220	

**Organisation Name:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

## Payment Methods

### Cheque

Behaviour Zen Pty Ltd  
1 Jubilee Street,  
South Perth WA 6151

### Online bank transfer

Bank: ANZ Bank  
Account Name: Behaviour Zen Pty Ltd  
BSB number: 016270  
Account number: 460978536

### Credit Card Payment

Card Type:  Visa  Mastercard

Name on Card: \_\_\_\_\_

Credit Card Number \_\_\_\_\_

Expiry Date: \_\_\_\_\_ CVC Number: \_\_\_\_\_