



Enhancing Educators' Professional Resilience

helping you to stay teaching and stay healthy



This course covers the nature of resilience, building relationships and networks; wellbeing and emotions; and taking initiative. It consists of 5 face-to-face workshops and 5 online modules.

The wellbeing of educators at all phases of professional life is a current focus of employers and researchers.

It is all too easy to focus on the reasons that attrition rates in education are high, but it is more useful to explore practices and philosophies that help you stay healthy and positive, and stay in your profession.

Enhancing professional resilience means you can harness your own resources and your context to overcome challenges. In education this is often called "everyday resilience". Between face-to-face workshops, you will be expected to complete 5 short online modules.

Who is this for?

This course is suitable for educators from all phases of education; early childhood, primary, secondary and tertiary.

Benefits:

Your involvement in these sessions will include reflections, discussion and personal plans for further professional learning and support.

Venue:

Building 501, The School of Education, Curtin University, Bentley

5 sessions:

Tuesdays 1st, 15th and 29th May, 12th and 26th June 2018

Times:

4:30pm - 6:30pm

Cost:

- Standard \$450
 - Curtin staff/students \$225
- Costs include all 5 face-to-face sessions, plus online modules.

Register:

- search "**PLHub Enhancing Educators' Professional Resilience**"
- enter this in your browser www.bit.ly/educator-resilience
- or scan the QR Code



Enhancing Educators' Professional Resilience

About your presenters



[Associate Professor Susan Beltman](#), a former school psychologist, is a lecturer and researcher at Curtin. Her research on teacher resilience includes two Australian projects: Keeping Cool and BRITE (Building Resilience in Teacher Education), as well as the European project ENTREE (ENhancing Teacher RESilience in Europe). Sue has presented workshops on teacher resilience for Child Australia, the Cockburn-Fremantle Education Network, and the EU RESCUR project in Crete.

[Ms Sonja Kuzich](#) is an experienced classroom teacher and lectures across several programs in relation to professional practice, curriculum and sustainability. Sonja developed the Professional Standards for Teaching (WACOT), the Code of Ethics and the Professional Learning guidelines which guide teachers' work in Western Australia. Sonja co-facilitated the PLHub resilience workshops for teachers in 2017.

[Associate Professor Jenny Jay](#) has supervised numerous post-graduate students in their Masters and Doctorate thesis work. She is an experienced researcher having recently completed a collaborative research project related to resilience in Early Learning and Care settings, supervised HDR students to completion and worked with colleagues on other research projects. Jenny has 35 years' experience working in the field of early childhood education at school and tertiary levels.

[Dr Madeleine Dobson](#) has led two qualitative research projects involving interviews and observation, with an emphasis on participatory procedures and experiential insight. She has assisted with qualitative research projects and is experienced in engaging with qualitative methods, analysis, and ethics. Maddie is an early career researcher with a successful thesis completion in 2016 and will act as a participant-observer in the research project attached to this PLHub series.



CONTACT:

Tim Keely - Project Manager
Professional Learning Hub

Tel: 9266 5815

Email: learninghub@curtin.edu.au

Web: curtin.edu/hum/learninghub