

Rochelle Castine

Senior Clinical Psychologist

Perth Psychological Services Pty Ltd

I have worked, studied and researched in Psychology through the Life Span and in particular Clinical Psychology for over 30 years now, having worked in: Mental Health, Child Development and other Government services; and in University & Government – based Psychological & Psychiatric Research and Policy Development.

I have also worked in Private Practice for almost 25 years, undertaking private, government funded & contract work in that time. Over the past almost 25 years I have provided Professional Training on Selective Mutism & Autism; Anxiety & Depression; Assessment & Therapy; and have been involved in the clinical supervision & training of Postgraduate Psychology Student Trainees & Clinical Psychology Registrars & Graduates. I specialise in Assessments & Interventions for a wide range of problems & quirks across the lifespan.

My therapy approach is usually practical and problem-focussed, aiming to be both Reactive (addressing current difficulties) & Proactive (addressing possible future risks & difficulties). So, I adopt a somewhat eclectic approach focusing primarily on practical, Cognitive Behavioural, Behavioural, Play, Mindfulness, Solution-Focussed, Family Therapy, Couples Therapy, Group Therapy, and Creativity & Craft based approaches.

I work with: individuals, parents, families, couples, groups, schools & other organisations.